

Secret Agent Dodgeball

What's needed

Set of bibs (x2 colours) x16 Mini Action Mats placed at the side x2 splat mats Set of Dodgeballs

Number of players: 1 whole class maximum

The Setup



































































This is dodgeball with a twist. The aim for students to work together to help the secret agent stay in the game in order to win.

Learning objectives

This learning activity is designed to develop children's skills in turn taking, listening and attention, following rules, and understanding the basic principles of competition.

Early Years Statutory Framework England

Physical Development

ELG: Gross Motor Skills

- Develop strength balance and coordination activities such as climbing dancing running and jumping
- Negotiate space and obstacles safely, with consideration for themselves and others.
- Develop agility and control over their bodies

Personal, Social and Emotional Development

ELG: Building Relationships

Work and play cooperatively and take turns with others.

ELG: Managing Self

Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.

ELG: Self-Regulation

Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

How to Play

- Split the group into 2 teams, and allocate each team a side of the space.
- Before starting, a 'secret agent' should be chosen by each group. The team must try to ensure that their secret agent is not hit with the ball.
- A game of dodgeball will then take place for 2-3 minutes. If a pupil is hit, they are not out, they simply have to perform 5 reps of the Mini Mat and can then rejoin the game. However, If the secret agent is hit then they must wait on the splat mat while the game continues.
- After the game has finished, each team should try to guess who the other team's secret agent was. If a secret agent has been hit then the team will automatically know who was chosen. If not, then the team must try to work out who was chosen based on observation
- Give 5 points to any team that has correctly worked out who the secret agent is.
- Repeat the game encouraging students to chose different secret agents.