



Spellings/ Phonics

What's needed

Letter Mats
Animal Mats
Mini Mats

How to play

Separate the children into two teams either side of the room with letter mats and the animal picture mats in the centre. The children then work together in their teams to run and collect letters to try and make the animal names up. The team that has collected the most animals with names spelt out wins. To make it easier the children can collect the first letter of the name.

The Setup





Suggested age range

Foundation Stage/ KS1

Learning outcome

To recognise letters and understand how they go together to make words, work as a team, develop control and coordination while carrying out exercises.

Success criteria (measuring impact)

Recognising letters, work as a team to create words and successfully running around the room to collect letters to create the names of the animals.

Risks to be considered

- Suitable clothing and footwear are worn by the children and anything that could obstruct or cause injury has been removed

- The right equipment is available and has been checked
- The area is safe and clear ensuring any hazards have been removed
- Safety information is highlighted to staff and children
- SEND pupils and other vulnerable groups (e.g., EAL) have suitable support to take part in the activities

Assessment for learning questions

Pre- activity:

- Why is working as a team important?
- What tips could you give to someone wanting to improve their exercises on the mats?
- What is helpful or unhelpful when working in a team?
- Do they recognise the letters on the mats?

Post-activity:

- What did you do better or different to improve?
- What could you do better next time?
- What have you learnt about working in a team?

Warm Up

Perform two rounds for 30 seconds each. Rest for 10 seconds in between each exercise:

- Lunges 30 second /10 second rest
- Plank 30 second /10 second rest
- Press ups 30 second /10 second rest
- Rocket jumps 30 second /10 second rest
- Sit ups 30 second /10 second rest
- Star jumps 30 second /10 second rest

Main focus

To work as a team to improve letter and spelling skills whilst working on their physical and motor co-ordination skills.

Cool down

Teacher led
30secs per exercise

- Arm stretches
- Hula hoop motion without the hula hoops, slowly
- Static lunges with side stretch
- Static Rocket Jumps -Squat and lift
- Calf stretches

Reflect

In which activity do you think you have demonstrated your personal best?

What improved skills have you achieved?

Where do you feel you could have done better?

What would be your goal for next time?

What have you learnt about yourselves today?