

The Setup

Memory games

What's needed

Clothes Mats

How to play

Place clothes mats upside down on the floor and items of clothing spread out across the room. Separate the children into two teams and set a timer going. The children have to run around and turn over the mat to see the item of clothing, they then run to that item of clothing and to the end of the room to place the item down, the children work together to find a full outfit.

If two children both pick items that would not create an outfit (shorts and trousers) then the clothing, get returned back around the room and the children have to use their memory to remember where the clothing mats were. (Putting markers on the floor will help put the mats back in the same places)





Suggested age range

Foundation Stage/ KS1

Learning outcome

To be able to improve their memory and team working skills.

Success criteria (measuring impact)

Working together as a team to collect the correct items of clothing by remembering where the mats are that they need.

Risks to be considered

- Suitable clothing and footwear are worn by the children and anything that could obstruct, or cause injury has been removed
- The right equipment is available and has been checked
- The area is safe and clear ensuring any hazards have been removed
- Safety information is highlighted to staff and children
- SEND pupils and other vulnerable groups (e.g., EAL) have suitable support to take part in the activities

Assessment for learning questions

Pre- activity:

- Why is working as a team important?
- What is helpful or unhelpful when working in a team?
- What clothing do we need to make a complete outfit?

Post-activity:

- What did you do better or different to improve?
- What could you do better next time?
- What have you learnt about working in a team?
- What would help your team next time?

Warm Up

Perform two rounds for 30 seconds each. Rest for 10 seconds in between each exercise:

- Lunges 30 second /10 second rest
- Plank 30 second /10 second rest
- Press ups 30 second /10 second rest
- Rocket jumps 30 second /10 second rest
- Sit ups 30 second /10 second rest
- Star jumps 30 second /10 second rest

Main focus

To work as a team to collect the correct mats and items of clothing in the quickest time

Cool down

Teacher led
30secs per exercise

- Arm stretches
- Hula hoop motion without the hula hoops, slowly
- Static lunges with side stretch
- Static Rocket Jumps -Squat and lift
- Calf stretches

Reflect

What improved skills have you achieved?

Where do you feel you could have done better?

What would be your goal for next time?

What have you learnt about yourselves today?